

COUGAR

2009

SWIM AND DIVE SCHEDULE

Fri. Aug 28	Garnet and Gold Meet @ Countryside Country Club
Tue. Sept. 1	Dual meet Clearwater @ Clearwater High School
Wed. Sept. 9	Dual meet East Lake @ Home (Long Center)
Sat. Sept. 12	** <u>Spirit Meet @ North Shore Pool in St. Pete</u> **
Wed Sept. 16	Dual Meet Seminole @ Home (Long Center)
Wed. Sept. 23	Dual Meet Northeast @ Home (Long Center)
Sat. Sept. 26	PCAC @ Long Center
Wed. Sept.30	Dual Meet St Pete @ Home (Long Center)
Wed. Oct. 7.	*Dual Meet Osceola @ Home (Long Center)* <u>SENIOR NIGHT</u>
Fri. – Sat. Oct. 9-10	FSPA Meet @ Orlando **More info TBA**
Wed. Oct. 14	Dual Meet Palm Harbor @ Palm Harbor YMCA
Fri. Oct. 23	Eagle Invite @ Palm Harbor YMCA
Oct. 26 – 31	District Championships **Location TBA**
Nov. 5-7	Region Championships ** Location TBA**
Nov. 12-14	State Championships Orlando